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# Science And Spirit: Exploring The Limits Of Consciousness



## Synopsis

Are you out of your body? At least part of you may be, if consciousness can extend beyond the brain in your skull. In *Science and Spirit*, authors Charles F. Emmons and Penelope Emmons explore some intriguing questions: What evidence is there for consciousness apart from the body, and what evidence is there for survival of consciousness after bodily death? Through ethnographic interviews with scientists, observations at conferences, and visits to research institutes, they investigate the existence and meaning of ESP, out-of-body experiences, near-death experiences, reincarnation, spirit mediumship, lucid dreaming, and ghost experiences. In this study, they share a variety of scientific frames for looking at these questions and happenings, and they disclose their own paranormal experiences. *Science and Spirit* uses a unique blend of strong academic and scientific theory and methodology and applies it to the examination of paranormal topics.

## Book Information

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## Customer Reviews

Charles F. Emmons is a sociologist at Gettysburg College. His books include *Chinese Ghosts and ESP*, *At the Threshold*, and *Guided by Spirit*. He appears on the *Ghosts of Gettysburg* television show, and he is a member of *Exploring the Extraordinary* and of the Society for Scientific Exploration. Penelope Emmons, MSW, LSW, is a psychotherapist with a counseling and coaching practice in Gettysburg, Pennsylvania. She coauthored *Guided by Spirit*. Emmons has facilitated metaphysical workshops in the United States and Canada and is also a Mandala Assessment Research Instrument practitioner and instructor, a healer, and a spirit medium.

Most academics explore spiritual/psychic realms at their peril, but Charles F. Emmons fearlessly maps out not only the boundaries of what we know and how we know it, but also the very notion of maps (or frames) and how we follow them. His insights are briefly but interestingly supplemented by Penelope Emmons' accounts of her mediumship and counseling experiences. In a field that often seems swamped by dogma of one kind or another, this book offers informed, intelligent perspectives in a down-to-earth style.

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